



PAREMATA SCHOOL NEWSLETTER

WEDNESDAY 5 MARCH 2025

WEEK 5 – TERM 1



www.paremata.school.nz
absent@paremata.school.nz

office@paremata.school.nz
afterschoolcare@paremata.school.nz

IMPORTANT INFORMATION

Friday 7th March
Thursday 13th / Friday 14th March
Tuesday 18th March
Thursday 27th March
5th March to 31st March 2025

Powhiri for New Families 10:00am
Leadership Overnighter – Year 8s
School Multi-Challenge Event – 9:00am – 10:30am
ParentLink – Nourish and Flourish – 7:00 – 9:00pm
Bee Healthy Dental Van on site

Kia ora tatou



Wellness Evening

Our Parentlink group is organising a great term 1 event in the hall on Thursday 27 March. It's called Nourish and Flourish - a Wellness Evening for Women. Many thanks to Roz Griffiths for getting this organised. There will be a great group of speakers on the night. Please see the information further in the newsletter.

Parking and the School Drive Through Areas

Just a friendly reminder that when using the school drive through for drop offs and picks up, please do not park behind the staff cars on the yellow lines and/or leave your cars. The drive thru works really well and if you arrive just after 3:00pm it is less busy. If you want to collect your child from their room, please park legally outside on the road. Please be considerate and do not park and leave your car in the bus stop, in front of Lloyds Garage, at Mobil or outside the hairdresser across the road. Please also take care when leaving the drive-thru, making sure you look left as well as right as often there are pedestrians or cars pulling out of drive-ways Thank you.

Absentees

When advising if your children are absent either by email absent@paremata.school.nz or phone message, can you please give a reason ie sick, appointment, bereavement etc as we now have new codes and have to put them against each absence. We appreciate your help with this.



Multi-Challenge Day

The Kahikatea team is organising this year's Multi Challenge Day where the children complete approx. 20 different challenges around the school in their house groups. It is a fun morning which enhances our school values *Respect, Identity, Empathy, Active learning, Resilience, Global Awareness and Community*.

SCHOOL LUNCHES – Please pay any online payments the night before the lunches

The lunches are going really well but we are having issues with families **paying online on the day**.



These payments do not show up in our account until after midday when it is too late for us to cater properly. We are therefore having to rush around at the last minute to make sure everyone gets their lunch, and sometimes people who have paid on time are missing out.

Please can you **pre-pay online the night before**. Payment by eftpos can be made at the office on the day or give your children cash. Also please remember to let the children know that they are having a school lunch that day. We appreciate your help with this to make things run more smoothly.

Nga mihi nui - Matua Bryce

COMMUNITY READING

Make A Difference



We are looking for parents or grandparents who might have a spare hour or so each week to come in and hear children read. It would involve sitting in our staffroom listening to individual children reading for approximately 15 minutes each.

If you are interested, please contact Ursula Leggett - ursulal@paremata.school.nz



Tickets On Sale Now! Nourish & Flourish: A Wellness Evening for Women



Thursday, March 27th, 2025



7:00 – 9:00 PM

Paremata School Hall, 43 Paremata Crescent

Join us for **Nourish & Flourish**, a special **fundraiser event** designed to uplift, inspire, and support the amazing mums and women in our community!

This will be an **engaging, practical, and empowering evening** filled with expert speakers, hands-on demonstrations, and wellness stalls—all designed to help you feel your best in **health, mind, and body**.

What to Expect:



Holistic Health & Wellness – Learn from nutritionists, food growers & homeopathy experts



Mindset & Mental Well-being – Get "unstuck" with a life coach, trauma therapist & energy specialist



Movement & Body Care – Explore Pilates, yoga, chiropractic, pelvic floor work & strength training



Self-Care & Beauty – Treat yourself with pampering, dancing & creative expression



Let's come together to nourish, flourish, and celebrate the incredible women in our community!



Get your tickets now! Don't miss out on this inspiring evening, spaces are limited!

Payment may also be made at the Paremata School Office.

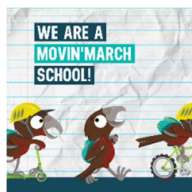


[Click Here to Purchase your Tickets Today.](#)

Only \$20 per person with 100% going directly to the school.

NB: All women welcome—you don't have to be a Paremata School parent.





Movin' March

Remember to get your passport written with your name on it, class and school and get yours stamp if you walk/ride to school. There is a box for the completed ones in the office foyer. Have fun!



MEAT PIE MONDAY – mince/steak and cheese (this will depend on what is in stock)

Meat pies will be available each Monday \$5.00.

Prepaid must be done by Sunday night



WEDNESDAY SAUSAGE SIZZLE – sausage/bread/sauce

Sausage sizzles are available for lunch for \$2.00 each Wednesday

Prepaid must be done by Tuesday night



FRIDAY HAMBURGER – bun/meat pattie/lettuce/cheese

Hamburgers are available for lunch for \$5.00 each

Prepaid must be done by Thursday night



Please send any emails regarding payment for lunches to michelle@paremata.school.nz

YUMMY STICKERS

Let's see if we can hit the \$1000 mark this year! You can download the collection sheets from the Yummy website www.yummyfruit.co.nz or see the office for spare sheets.



NETBALL – SIGN UP – LAST DAY TODAY

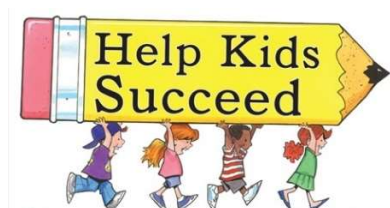
If any year 4-8 students are interested in playing Netball for Paremata School this year, please sign up at the office by 3:00pm today, Wednesday 5th March.

IMMUNISATION FORMS – YEAR 7s

If you have not already done so, can you please fill out these forms, sign and return to the office.

FAMILY CONTRIBUTION/DONATIONS

The School Donation Family Contributions are essential for covering our extra-curricular programmes and school trips. Donations for 2025 are as follows:



- One child - \$250
- Two or more children - \$350
- Year 7/8 Technology fee - \$80

Those families who pay in full by 1 December 2025 will go into a lucky draw to win their donation back. Families are also welcome to set up a payment plan - please see Michelle in the office.



Seaweek, Kaupapa Moana, is New Zealand's annual celebration of the sea and the many ways we are connected to it.

It is hosted by the NZ Association for Environmental Education and is run by NZAEE members and volunteers with support from a wide range of individuals, groups and organisations. Originally run by the Marine Education Society of Australasia (now part of NZAEE), it was first held in New Zealand in 1992.

Learning about the significance of a healthy ocean in our lives is critical and it comes in many shapes and forms. Seaweek aims to inspire Kiwis to reflect on their relationship with the ocean.

Seaweek creates opportunities for people to come together to celebrate the ocean, strengthen their connections with it and learn more about the marine environment. Through engagement with Seaweek opportunities, the goal is that more people can enjoy interactions with the ocean that is sustainable both for people and biodiversity – so both can flourish.



Ways to engage across the country

Ocean Inspired Art Comp

Get creative and make something to express your love, concerns, hopes or fascination with the ocean! Entries close 14 March, [full details here](#).

Kelp Restoration Webinar

Port Marlborough's [webinar](#) on Thursday, 6 March, at 1 pm, will feature a presentation from Dr Nick Shears on kelp forest restoration.

Yachting New Zealand Photo Competition

Submit an original photo of marine life by 10 March! [Be in to win](#) a prize pack & have your photo featured in Yachting & Boating Quarterly.

Fish of the Year

Nominate your favourite native fishes for EMR's annual [Fish of the Year](#) competition or enter their colouring competition by 16 March.

**SEAWEED
FEST 2025**
TE WHANGANUI A TARA • 1-9 MARCH

And we've got an ocean-full of amazing events for you!

Seaweed Fest will open with a special morning karakia on the 1st March, followed by an [early morning dip](#) in the sea at Island Bay. Tickets to [the Mystery Movie at the Roxy](#) and [Sea Shanties and Sundowners](#) in Worsler Bay are also selling fast. There's a host of free public events and exhibitions where you can come explore the mysterious, wonderful world of seaweed.

**2025
ONLINE FOOTBALL
REGISTRATIONS
ARE NOW OPEN**

Short on time? No worries! Bypass the hassle of traveling and register easily online in just a few clicks on our website!

Available Football Programs:

- ✓ First Kicks Football (Ages 3-6 Years)
- ✓ Junior & Youth Football (Ages 6-16 Years)
- ✓ Girls Only Football (Ages 7-15 Years)
- ✓ Under 17 Boys Football
- ✓ Women's Social & Competitive
- ✓ Masters Over 35's & Over 45's

www.westernsuburbs.co.nz/registrations/

**PORIRUA CITY
FOOTBALL CLUB**

**REGISTRATIONS
OPEN NOW**

**FOR BOYS AND GIRLS
AGES 5-14**

**SEASON STARTS
3RD MAY 2025**

REGISTRATION FORM
AVAILABLE ON OUR WEBSITE
AND FACEBOOK

PORIRUA FEES

5-6 YEAR OLDS	\$90
7-8 YEAR OLDS	\$95
9-10 YEAR OLDS	\$120
11-14 YEAR OLDS	\$120

WWW.PORIRUACITYAFC.CO.NZ

Want to play football?



Registration for PUKERUA BAY SOCCER CLUB for players aged 4 to 14 open now!

- Registration open now and closes 31 March! Register today!
- Super low fees: \$55 for 4 - 6 year olds, \$110 for 7 - 14 year olds!
- Family discounts available!
- Practices in Pukerua Bay and/or Plimmerton (or wherever most suits the team).
- First game 3 May (start of term 2). Last game 30 August (end of term 3).

To register visit www.pkbsoccer.nz or email pkb@pkbsoccer.nz - let's get you playing football in 2025!



A poster for Pareplim RFC Registration. The background shows a group of young rugby players in action. The text reads: **PAAREPLIM RFC** (in large white letters with red outlines), **REGISTRATIONS OPEN NOW!** (in white on a black background). Below this is a QR code with the text **Scan the QR code!** to its left. To the right of the QR code is a black box with white text: **Paremata Plimmerton RFC Registration**, **We invite all new and returning players to register for the upcoming season.**, **Grades:**

- Nursery
- Ripapa Rugby (Years 1-8)
- Tackle Rugby (Years 3-8)
-

, **After registering online, come down to the rego events to pick up your jersey and buy additional merch.**, **Registration Day:**

- Thursday, 6 March: 5 - 7pm
- Tuesday, 18 March: 5 - 7pm
- Sunday, 23 March: 10am - 12pm

, **#upthemata**, and **www.paremataplimmertonrugby.club**.