

Dressing up makes running fun for Paremata

By James Cochrane, Noah Te Ahuru and Caleb Burrows

Some love it, some hate it, but either way, a run is a great way to raise money for a school camp.

The 2017 fun run is one of many over the years at Aotea Lagoon. On Friday, 10 March the Paremata School Kahikatea syndicate went on a five kilometre run round Aotea Lagoon.

\$7000 was raised through friends, family and other people sponsoring the runners.

One of our most accomplished runners Dylan Ball said: “Try your best and just really enjoy it.” He has accomplished many feats including winning the

cross country many times and coming second in the inter-school cross country.

The Fun Run originated from the idea of two teachers Naomi Fairley and Sally Ratchford, who weren’t happy with selling chocolates which was a former fundraising method at Tawa Intermediate. Mrs Fairley brought it over from Tawa Intermediate to Paremata School.

The children all dress in different themes for a bit of fun.

“Although sometimes you can go too far with the dress ups. In one year, a class dressed up in all black and got piping hot,” Sally Ratchford said.



Hayley Walters, pictured above, dressed as a superhero for the Kahikatea syndicate Fun Run 2017.

Photo; Maia Butters

Black Dog tells story of depression at theatre

By Milla Brown

Laughter filled the room, tears flooded the floor, admiration crept into every corner.

One hundred students from Paremata School travelled to Wellington to the Capital E Festival of the Arts on Monday March 21.

They saw three shows throughout the course of the day, including *Un Roi Arthur*, *Young and Cinematic* and *Mata and the Mysterious Maunga*.

All three shows filled the audience with awe, but one show stood out for a particular group of people -*Young and Cinematic*.

Young and Cinematic was made up of multiple films, these included; *Sounds of Nature*, *Emmeline*, *A*

Fishy Tale, *The Black Dog* and many more.

The Black Dog was about Harry (the main character), who was a young teenage boy who had depression.

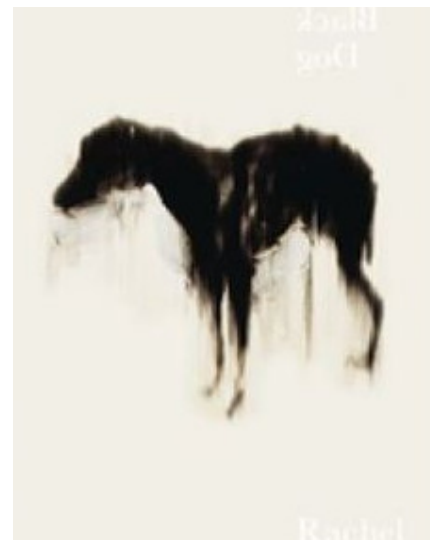
He had trouble in expressing his depression.

Whenever someone asked if he was ok, he had trouble answering.

The show was exhilarating and interesting to watch.

It was full of empathy, compassion and heart warming appreciation.

A highly recommended show and well received by the audience.



The Black Dog, symbolises depression. The main character shows his emotion through art.

Credit: *Young and Cinematic*

Young Paremata writers make it to top 50 in NZ

By Joshy Hunt

Three girls at Paremata School, Holly Carson, Seini Denicaucou and Maia Butters wrote and entered a story into a young New Zealanders writing competition called “*Beyond the Backyard*”.

Incredibly our very own Holly Carson won first place out of over 600 entries from all over New Zealand. Holly’s amazing story inspired all students to think about how we can save our precious environment. She says that you should “think outside of the box and your writing will stand out”.

Maia was surprised when she found out she made it since so many people were entering.

She would have never thought a story that was about a volcano would be published into a young writer's book.

Some advice she has for younger writers is believe in the impossible because there is always a chance.

Seini was even more amazed because she only wrote her story on the last two days before the entries were due in. Her story was about time, soccer and pressure.

Her advice is for younger writers to get an idea that they like and focus on it and the result will be so much better.



From left to right– Holly Carson, Seini Denicaucou and Maia Butters holding their ‘*Beyond the Backyard*’ anthologies.

She can’t wait to see her piece of writing in the “*Beyond the Backyard*” book with lots of other young talented writers from around New Zealand.

Over all a big congratulations to all of the young writers from Paremata School who entered the competition, and to Holly Carson Seini Denicaucou and Maia Butters .

Pink Raises Money for Cancer

By Rafe Persson

The people flocked in, pink tickets flashing through the pre-dawn darkness all around. The Pink Ribbon Pancake Breakfast was on and money was flowing through for the Breast Cancer Foundation. On Thursday 25 May at Paremata School there was a fundraiser raising money to help the Breast Cancer foundation to do research and find treatment for people with breast cancer. Over 300 tickets were sold with hundreds of pancakes

being munched and over \$1500 raised with 75% of profits to the Breast Cancer Foundation and the other 25% going to the Paremata School PTA.

Along with the pancakes being sold, some incredible volunteers donated and sold a whole load of delicious pink cupcakes.

With at least \$1500 profit and loads of full tummies, the Paremata School Pink Ribbon Pancake Breakfast was definitely a success.

First of the season

By Tanika Lawrence

It was the first netball game of the season. At Ngati Toa Domain everybody was excited as they anticipated the game.

The amazing Paremata Flames were versing the incredible Adventure Flamingoes. “It is game time, the pressure is on” said Paremata coach, Karen Tonks.

Adventure School scored the first goal, but soon Paremata Flames were gaining goals. Then Paremata looked on as Adventure School stole the game and scored another 15 goals.

At the end of the day Adventure School won 18-8. What a great way for them to start the season!

Their very own garden grows from neglected area

By Breanna Morrison and Brandon Khang

Can you imagine what a bunch of five year olds could do if they put their minds to it? Ruma Kotare/ Room 1b taught by Mrs Wall started the year with seven kids and it grew to 16 kids. They came up with an idea that took them a month to produce. They found a stick insect called Sticky in their garden and thought that they should make a garden for Sticky and a better place for native birds.

So they found a great place that needed some colour, a neglected area beside an

alleyway that didn't get much sun. They started with cleaning the fence and the concrete post, putting in stepping stones and painting the back fence. The next thing that Ruma Kotare did was put down a weed mat, put down some bark and on the ledge they put some fake grass. The garden looks great and Ruma Kotare worked very hard to achieve this.



From left to right—Luka Letica, Eden Jackson, Chloe Po, Kees Donaldson are renovating their special garden. Photo by; Breanna Morrison and Tanika Lawrence.

Paremata Post is a collaborative project by students in Room 7 at Paremata School. They thought up the name and the ideas, wrote the stories, took the pictures and did the layout of this newspaper. Thanks to Ruth Thomas for her support.

Students have plans to improve school

By Sam Maclean

Lots of big ideas and problems have been discussed about the small area behind Room 7 and 8 and the garden group are trying to solve them.

A group of Room 7 students are trying to rebuild a weedy area to attract native birds and simply to make it beautiful.

They have organised meetings with the school caretaker, Ian Vaughn, to build a retaining wall for the garden and plant new trees.

Hazel Benson-Cooper, Tanika Lawrence, Breanna Morrison, Joshua Christall, James Cochrane and Sam Maclean are involved in this project.

The group are doing this as a collaborative project.

Paremata children go to Parliament joining Dunedin students to petition against plastic

By Alexander Clark

Kids in Dunedin are making a petition to ban plastic bags.

They are urging the Minister of Environment Nick Smith to implement a nationwide ban of single use plastic bags in NZ on Wednesday 28 June at 10am. A group of 45 students from Paremata School are planning to go to support them.

There are different ways to implement recycling like using biodegradable bags.

But every time they say this no one listens so the Dunedin students started a petition to ban single use plastic bags.

Plastic bags impact negatively on our irreplaceable environment here in New Zealand because they ruin our landscape when they are disposed of to landfill.

Once littered, plastic bags can find their way onto our streets and parks and into our ocean.

Plastic bags ruin the ocean by creating trash islands like the Great Pacific Garbage Patch. Sea life that goes to that patch mistakes plastic for its prey. They eat it then die.

Paremata Post



TERM 1 & 2

ROOM 7 PAREMATA SCHOOL

Helicopter crashes in Pauatahanui Inlet

A helicopter (pictured at right), crashed into the Pauatahanui inlet on Tuesday 2 May at 11.30.

The helicopter, a Bk117, was piloted by Rick Lucas who had 35 years flying experience.

He clambered uninjured from the chopper.

Lucas said he knew something was wrong.

"I felt an intense vibration that got worse and worse before the helicopter began to rotate".

He ended up in the water and could not get his seatbelt off.

"I'm a little bit sore but I'm fine. I consider myself very lucky," he said.

Police, ambulance, fire services and coast guards worked together to pluck him to safety.

A crowd of about 200 (including children from Paremata School) watched the helicopter being winched out of the water.

By Michael Gallagher & Ryan Paterson



Dedicated caretaker retires from Paremata School

By Sam Maclean

Tears, goodbyes and a great performance all happened at the farewell in Week 9, Term 1.

The Paremata School Kapa Haka performed a Samoan dance called a Sasa at Eli's farewell assembly.

The Kapa Haka group did a Sasa because Eli Asumoa has been a caretaker for many years at Paremata School and is Samoan.

A Sasa is a Samoan group dance mainly using the hands.

A Sasa is always started with Samoan words that are warming up your hands.

The hand movements are telling a story about the topic that the performers are focusing on.

The group that performed it used actions such as making kava and showing that Eli was at Paremata all day long.

The word Sasa means to strike. Actions must be very sharp and straight.

"Eli has been a great caretaker for the school. Everyone was sad to see him go," said the principal of Paremata School, Bryce Coleman.



School caretaker, Eli Asumoa receiving a fond farewell on Friday 31 March.