

# PAREMATA SCHOOL NEWSLETTER

## WEDNESDAY 2 MARCH 2022

### WEEK 5



## Māehe Manawa Ora Movin'March

1-31 March 2022 | [movinmarch.com](http://movinmarch.com)



### IMPORTANT INFORMATION

#### Today

Thursday 3 March

Ruma Kiwi and Ruma Kākāpō – snorkelling trip to Pukerua Bay

Year 8 Immunisations @ 11.15am

Kia ora tatou

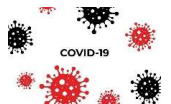
#### Covid-19 update



A huge thank you to our school community for all the support for our families and staff who are dealing with Covid-19 infections at home. We hope everyone is coping ok and family members are getting better. As of today, we have Covid cases in Room 15, 14, 11, 10 and 7. We will endeavour to keep everyone up to date and families notified immediately via

seesaw if Covid-19 cases appear in your child's class. School will remain open with our online learning portals operating for self-isolating families. This will continue unless we cannot find enough relievers to cover unwell teachers. We hope that this does not happen and we can keep everything ticking over.

***Attached is an informative guide to isolation.***



Please remember that cold symptoms and sore stomachs are symptoms of Covid-19, so please get your children tested if you are unsure.

#### Online Learning

Online learning will be provided for our families who are self-isolating or unwell with Covid. Teachers will be sending information home about the online learning programme soon. The online portal is supplementary to the classroom programme, as teachers are still responsible for their class. If your child is well and there is no Covid in the household, they can come to school.



#### Year 5/6 Snorkelling Trip

Ruma Takahē in the Kauri team headed out to Pukerua Bay to take part in their snorkelling trip yesterday.

Going by these amazing photos, it looked to be a stunning outing.



Ruma Kiwi and Ruma Kākāpō have been out enjoying their snorkelling today. Many thanks to Rachel Hall and the Kauri team for their great organisation.

Ruma Hihi will be going later; the date will be confirmed in the coming weeks.



### MOVIN'MARCH

We will be taking part in a Pilot - Waka Kotahi - NZ Transport Agency, has created a fun online tool that tracks student travel and is running a pilot for Movin'March schools. Paremata School is taking part in this programme that students will use to record how they travelled to school that morning. Data collection is anonymous and finding out how students travel will give teachers the opportunity to create graphs that show trends over time. It will also help class discussion and awareness around school travel and bigger issues such as the environment.

### Movin'March 2022 is here

We are proud to be a Movin'March school and this month we are looking forward to seeing whānau and students walking or wheeling to/from school. Walking, biking and scooting is a great way to kick start learning for the day, connect with your neighbourhood and improve wellbeing. It is also great for the planet! Don't forget your WOW Passport so we can stamp your trip and keep an eye out for your spot prizes!

### Whānau Photo Competition

Whānau can enter a photo of their journey to school for a chance to WIN a family pass to Staglands Wildlife Reserve, Zealandia or a Micro Scooter! WOW – there's 15 prizes to be won! Go to the Movin'March Facebook page and share your photo in the comments under the weekly theme post. Winners announced by 8th April.

### NETBALL 2022



All permission slips and payments need to be in by tomorrow, Thursday, 3<sup>rd</sup> March. Teams and training days will be advised after all the slips are in. If you did not receive a Code of Conduct form, please collect one from the office. Thanks Theresa

### PAREMATA SCHOOL MERCHANDISE

- Hoodie – no name on back \$45
- Hoodie – with name on back \$55
- Caps - \$15 (hats are compulsory in term1 and 4)
- Bucket Hats - \$15
- Tea Towels - \$12 / Tote Bags - \$15
- Honey - \$6 each 250g or 2 for \$10
- These are displayed in the cabinet in the school foyer.



### LUNCHES – IMPORTANT NOTICE

To help the Subway staff, please put the numeric room number not the bird name on your child's order  
ie - Room 1 not Miromiro



Order online before 7pm Thursday for a *yummy subway lunch on Friday*.  
Register at [www.subwayexpress.co.nz](http://www.subwayexpress.co.nz)

### Wednesday Sausage Sizzles

**Sausage sizzles** are available for lunch for \$2.00 each Wednesday.

### Mana Music Centre – lesson spots available

Mana Music Centre operates after school Weds and Thurs at Discovery School, Whitby and on Saturday mornings at Maraeroa School, Cannons Creek. We offer low-cost music lessons designed to give primary age students (up to Year 8) an affordable opportunity to try out music - \$20 per term. We have lesson spots available for Wed & Thurs **guitar**, and Sat **keyboard**. Please contact Larcy at [themanamusiccentre@gmail.com](mailto:themanamusiccentre@gmail.com) (Maraeroa enrolments) or Nina at [themanamusiccentrediscovery@gmail.com](mailto:themanamusiccentrediscovery@gmail.com) (Discovery enrolments). You can also check out [www.manamusiccentre.org.nz](http://www.manamusiccentre.org.nz) for more details.



The poster features a central graphic of a rugby ball with the New Zealand flag's colors (black, red, and white) and a golden Haka shield above it, flanked by two golden laurel wreaths. The background is a dark, swirling pattern of red, orange, and yellow.

## **PAREMATA PLIMMERTON RFC**

### **JUNIOR RUGBY REGISTRATIONS 2022**

We would like to invite all returning and new players to now register for the 2022 junior rugby season!

Club rugby grades this season will be based on school years. For more information, see our club Facebook page.

We start at Nursery Grade (aged 3yrs +), then from Year 1 to Year 7/8 combined. Year 3 which was previously U8's, is the first year of tackle rugby. We continue to have Ripa Rugby available for all ages which provides a great way to stay in the game.

Registrations are now open online. Please also upload a current photo  
**GO TO:** [www.sporty.co.nz/viewform/104123](http://www.sporty.co.nz/viewform/104123)

Once you have registered online, come to one of our rego days to purchase any merch, get weighed in for the season or ask any questions. We have brand new playing tops this season which will be distributed once teams are established.

**REGO DAYS @ our clubrooms at Ngati Toa Domain**  
Tues 8th March 5.00 – 7.00 pm (players surname A-J)  
Sun 13th March 9.00 – 11.00 am (players surname K-R)  
Wed 16th March 5.00 – 7.00 pm (players surname S-Z)

If you have any queries, please email: [juniors@pareplimrugby.co.nz](mailto:juniors@pareplimrugby.co.nz)





# The COVID-19 Isolation Clock

## THE COVID-19 ISOLATION CLOCK

### DAY 0

- ◇ COVID positive case must isolate for 10 days.
- ◇ Household contacts must also isolate for 10 days. They must also take a RATs test on day 3 and day 10.

**Anyone who tests positive does not need to be tested again.**

### DAY 3

- ◇ All household contacts take a day 3 RATs test.
- ◇ Anyone who tests positive becomes a positive case and their 10 day isolation clock will restart.
- ◇ Anyone who tests negative will continue to isolate for another 7 days.

### DAY 10

- ◇ All household contacts take a day 10 RATs test.
- ◇ If all tests are negative and the O.G. COVID case has no symptoms, everyone on O.G isolation clock can be released from isolation.

**Isolation ends at the end of Day 10 (11.59pm).**

## ONGOING ISOLATION

- ◇ Ongoing isolation for household contacts who test positive after O.G case.

**Isolation clock is different from O.G COVID case.**

## HOW THE COVID-19 ISOLATION CLOCK WORKS FOR A WHĀNAU (\*HOUSEHOLD):

### DAY 0 - A PERSON IN YOUR WHĀNAU TESTS POSITIVE FOR COVID-19



Original (O.G.) COVID case and your whole whānau go into isolation together for 10 days.

### DAY 3 - A SECOND PERSON IN YOUR WHĀNAU TESTS POSITIVE FOR COVID-19



**New COVID-19 positive case goes back to Day 0 and restarts their own 10 day isolation clock.**

The O.G. COVID case and the rest of your whānau continues on the O.G. isolation clock.

### DAY 10 - EVERYONE IN YOUR WHĀNAU EXCEPT COVID POSITIVE PEOPLE GET TESTED



All tests are negative and you have no symptoms. Everyone on O.G isolation clock is released from isolation at the end of day 10 (11.59pm).

### ONGOING ISOLATION FOR ANYONE WHO TESTS POSITIVE AFTER O.G COVID CASE



2nd COVID positive case remains in isolation and continues with their own isolation clock.

The rest of your whānau should continue to watch for symptoms and get tested if they feel sick.