

PAREMATA SCHOOL NEWSLETTER

WEDNESDAY 16 MARCH 2022

WEEK 7



Important Information

Tomorrow

Tomorrow 17th March

Friday 18th March

Friday 25th March

Tuesday 29th March

Friday 15th April

Monday 2nd May

St Patrick's Day – let's wear green

Netball Training – 3:15-4:00pm

Movin March - walk or wheel to school day

EPILEPSY AWARENESS DAY – gold coin donation

Snorkelling Trip – Room 15

Easter – Good Friday and School Holidays commence

Term 2 commences



Kia ora tatou

Covid-19

Well this week continues to be very busy and it is great to see the children who have been away unwell, back at school. While the number of covid infections amongst our students is now under 25 we have many students and some staff self-isolating due to family cases. We hope everyone is coping well and family members are on the mend. We really appreciate the support and cooperation coming from our wider community and we are holding up well at the moment. Many thanks to all our families for the great communication and quick action with any covid infections and self-isolation.

Please remember that it is now 7 days isolation – coming back to school on the **8th day**. See below for the updated **Isolation Clock** Information.

Online Learning

Online learning is being provided for our families who are self-isolating or unwell with Covid. The online portal is supplementary to the classroom programme, as teachers are still responsible for their class. If you have any queries, please email your child's teacher. If your child is well and there is no Covid in the household, they can come to school.

Nga mihi nui
Matua Bryce

URGENT !!!! PAREMATA NETBALL

If you are a year 4 student and keen to play netball on a Saturday afternoon, please email Theresa asap. We are looking for 1 or 2 more players to join a year 4 team.

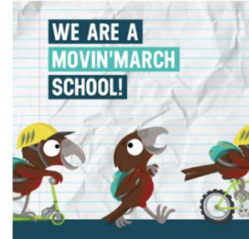
PLEASE DO NOT get your child's ears pierced until the end of the netball season, as they will not be allowed on court with ANY jewellery. NO, they cannot be taped, earrings/jewellery **MUST BE REMOVED**, no exceptions. **REMEMBER – Netball training tomorrow at 3:15pm on the senior courts.**

Cheers, Theresa theresar@paremata.school.nz



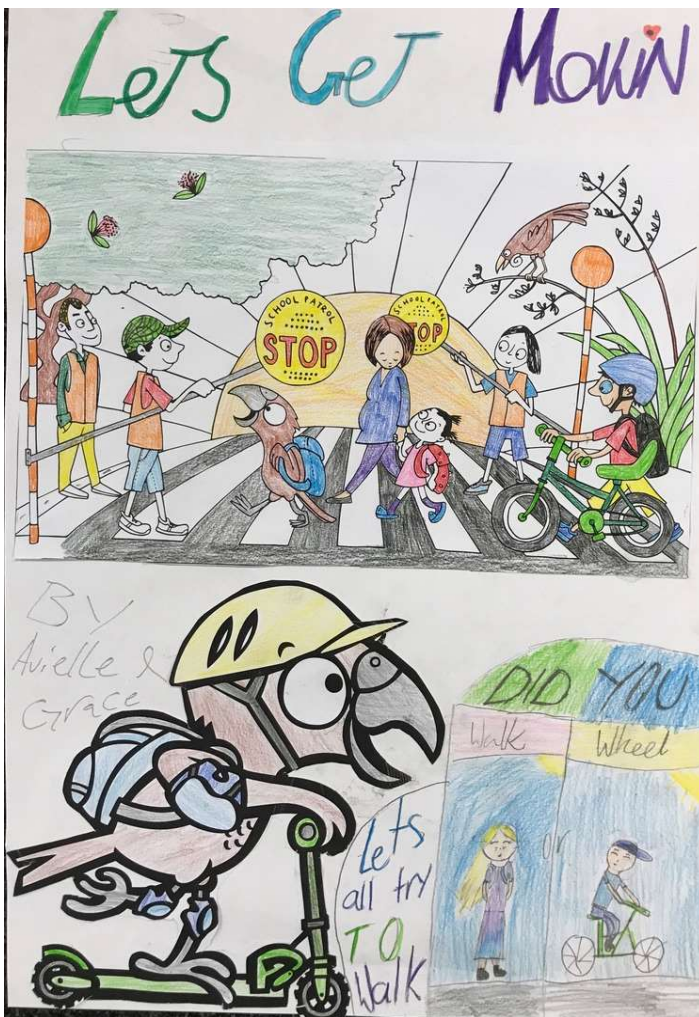
SENIOR COUNCIL THANK YOU

On behalf of Paremata School, we would like to thank Sam and Mitre 10 Mega, Porirua for donating some plywood. We will be building some new skate ramps for our skateboarding and scootering school competition- more to come about this soon!



Kia ora parents, guardians, and children

As you know it is now March, and has been for several weeks, and in March, we have an inter school event called Movin' March. Now for those of you who don't know what Movin' March is, It's The month that we encourage kids to walk to school. We encourage kids to walk to school to reduce our petrol emissions.



On Friday the 18th of March students will be at the gate at 8:30am handing out prizes and stickers to people who walk or wheel to school, these prizes will be things such as pencils, bracelets, and badges.

Now walking and wheeling to school isn't restricted to March, and we promote walking all throughout the year, but it is a fun way to get prizes and get healthier, so we thought it would be fun to join in.

The way it works, every time someone walks or wheels to school, they get a stamp on their card. When someone's card is filled up, it goes into a big box with all our school cards, then after that, all the school cards go into an even bigger box filled with all the other school cards, where one lucky winner will be drawn to win a \$400 bike voucher. Paremata School has won before, so who says it won't happen again!

*We hope that you encourage your children to walk - **Enviroschool Lead Team***



EPILEPSY AWARENESS DAY – DRESS IN PURPLE

On Friday the 25th of March we will having **Purple Day** which brings awareness to Epilepsy.

We will having this on Friday as the official **Epilepsy Awareness Day** is Saturday 26th March. Please come to school on Friday in an item of clothing that is **purple** or a whole outfit in **purple**. Please also bring a **gold coin** to show your support. The senior council will come around and collect your gold coin. Thank you for your support.

Some information about purple day:

Cassidy Megan created the idea of Purple Day in 2008, motivated by her own struggles with epilepsy. Cassidy's goal is to get people talking about epilepsy in an effort to dispel myths and inform those with seizures that they are not alone. The Epilepsy Association of The Maritimes came on board in 2008 to help develop Cassidy's idea which is now known as Purple Day.

Upcoming
**COMMUNITY
EVENTS**

**SCHOOL
HOLIDAY
PROGRAMS**



WHITBY DANCE!



Come and join our dance community in Whitby at WHITBY DANCE! With classes starting from as young as 2 years, we offer classes in Ballet, Tap, Jazz, Hip Hop, Lyrical and our very own Preschool Programme. For more info check out our website: <https://whitbydance.co.nz>

Or you can find us on Facebook: <https://www.facebook.com/WhitbyDanceNZ>

Contact us to enrol today.



EI – Rancho - Family Holiday Special Deal....

Book a motel unit on certain weekends in March & April and you'll pay just the base rate, with no additional charge for your kids.

And if that wasn't enough to entice you....

We'll also have some of our exciting onsite activities available for you to enjoy for FREE!



The COVID-19 Isolation Clock

THE COVID-19 ISOLATION CLOCK

DAY 0

- COVID positive case must isolate for 7 days.
- Household contacts must also isolate for 7 days. They must also take a RATs test on day 3 and day 7.

Anyone who tests positive does not need to be tested again.

DAY 3

- All household contacts take a day 3 RATs test.
- Anyone who tests positive becomes a positive case and their 7 day isolation clock will restart.
- Anyone who tests negative will continue to isolate for another 4 days.

DAY 7

- All household contacts take a day 7 RATs test.
 - If all tests are negative and no one has symptoms, household contacts can be released from isolation.
 - If O.G. COVID case has no symptoms, they can be released from isolation.
- If OG COVID case still has symptoms, they should stay at home until 24 hours after symptoms go away.

ONGOING ISOLATION

- Ongoing isolation for household contacts who test positive after O.G case.

Isolation clock is different from O.G COVID case.

EXAMPLE OF HOW THE COVID-19 ISOLATION CLOCK WORKS FOR A WHĀNAU (*HOUSEHOLD):

DAY 0 - A PERSON IN YOUR WHĀNAU HAS SYMPTOMS OR THEY TEST POSITIVE FOR COVID-19



Original (O.G.) COVID case and your whole whānau go into isolation together for 7 days.

DAY 3 - A SECOND PERSON IN YOUR WHĀNAU TESTS POSITIVE FOR COVID-19



New COVID-19 positive case goes back to Day 0 and restarts their own 7 day isolation clock.

The O.G. COVID case and the rest of your whānau continues on the O.G. isolation clock.

DAY 7 - EVERYONE IN YOUR WHĀNAU EXCEPT COVID POSITIVE PEOPLE GET TESTED



All tests are negative and you have no symptoms. Everyone on O.G isolation clock is released from isolation at the end of day 7 (11.59pm).

ONGOING ISOLATION FOR ANYONE WHO TESTS POSITIVE AFTER O.G COVID CASE



2nd COVID positive case remains in isolation and continues with their own isolation clock.

The rest of your whānau should continue to watch for symptoms and get tested if they feel sick.