

PAREMATA SCHOOL NEWSLETTER

WEDNESDAY 22ND FEBRUARY 2023

WEEK 4 – TERM 1



www.paremata.school.nz
absent@paremata.school.nz

office@paremata.school.nz
afterschoolcare@paremata.school.nz

IMPORTANT INFORMATION

Tuesday 28th February

Monday 20th March

End of term 1 - Thursday 6th April

Easter: Good Friday 7th April to

Teacher Only Day - Monday 24th April; Anzac Day - Tuesday 25th April

Wednesday 26th April

NZEI paid Union Meeting – School closes at 12:30pm

Bee Healthy Dental Van at Paremata School

Term 2 commences

**School
closing
early
today**

Kia ora tatou

Covid update

While school cases are still very low, please can everyone remain vigilant. There are a lot of children away with colds at the moment, so please can you test and keep us up to date with any covid infections. We really appreciate all the families keeping unwell children at home.



NZEI Teachers Paid Union Meeting – SCHOOL CLOSSES AT 12:30PM

There is a NZEI teachers paid union meeting on Tuesday, 28 February in the afternoon, so school will close for instruction at 12:30pm for NZEI teaching staff to attend. After School Care will be available for students who normally attend on a Tuesday. Please contact Raewyn on afterschoolcare@paremata.school.nz if you have any queries.

Enrolments For 2023



Do you know
someone turning
5 soon?

If you have a child turning 5 this year and you haven't yet filled out the enrolment forms can you please contact Marie Arlow in the office. (Siblings of children already here are automatically accepted, but still need to fill out an enrolment form).

Building Update

The library upgrade remains on schedule with new roofing and interior ceiling repair work well underway. We are hoping to have the library back open at the end of the term all going well.

Nga mihi nui - Matua Bryce

SUBWAY LUNCHES - Register at www.subwayexpress.co.nz

IMPORTANT NOTICES

As there is a carrot shortage, there will be no carrot available for the online orders this week.



NO SUBWAY LUNCHES ON FRIDAY 3 MARCH

SAUSAGE SIZZLE LUNCH

Every Wednesday - bring in \$2.00 for a sausage in bread for lunch.





Māehe Manawa Ora Movin' March

1–31 March 2023 | movinmarch.com



Let's Get Movin' in March!

We're a Movin' March school and counting down to Wednesday the 1st March when we'll start stamping passports at the gate as part of the [Walk or Wheel Passport Challenge](#) all through March. Walking or wheeling to school is a great way to get active, know your neighbourhood, kick start learning for the day AND take care of the environment. Remember students don't have to complete their passports to go in the draw to win a \$400 [MYRIDE](#) voucher at the end of March!



Fancy going in the draw to win a scooter? Parents who take part in our [Whānau photo](#) competition on Facebook or Instagram will be in to win 1 of 5 adult or child Micro Scooters or a Family Pass to [Staglands](#) or [Zealandia](#). Check out the Movin' March [website](#) for more on these competitions and how you can take part.

Pilot for Movin' March Schools

Waka Kotahi NZTA has created a [fun online tool](#) that tracks student travel and is running a pilot for Movin' March schools. Paremata School is taking part in this programme which students will use to record how they travelled to school that morning. Data collection is anonymous and finding out how students travel will give teachers the opportunity to create graphs that show trends over time. It will also help class discussion and awareness around school travel and bigger issues such as the environment.

Park & Stride

If you live 'too far away' why not try a [Park and Stride](#)? You can still get your passport stamped at the gate! It helps reduce congestion around the school gate, gives tamariki exercise and whānau get to share precious moments on the way to or from school.

WOW Family Day

We really encourage whānau to walk or wheel - even for just one day and join in the Movin' March fun! More information to come.

Ideas for all the Whānau:

- Check our [Walk and Wheel Safety](#) page for guidelines for whānau to safely walk or wheel to school
- Have a chuckle while you learn all about scooter safety with our [scooter safety videos](#) featuring the cast of TV show Wellington Paranormal
- [Micro Scooters](#) are not only awesome sponsors for Movin' March, they also have awesome [safety tips](#) or check out Waka Kotahi's comprehensive [Education Portal](#)
- Get more information about [Walking School Buses](#) on our Movin' March website.

PART-TIME POSITION AVAILABLE

PADA is a small NGO charity located in Johnsonville. We provide education and training for healthcare providers supporting parents experiencing anxiety or depression due to pregnancy, childbirth, and early parenting. Our current Fundraiser has taken on the role of General Manager which is why now this position has become vacant.

Here is the link to the position advertisement. <https://pada.nz/turanga-watea-vacancies/>



FREE Dental Checks!

Paremata School

The Bee Healthy Dental Mobile will be parked at your school in term 1 from 20/03/2023 to 02/05/2023. Once seen, your child will be given a completion certificate which will inform you of what happens next.

Please search your child's school bag for one of the following:

- Your child requires no further appointments this year
- Your child needs an appointment at your local Dental hub for further care.

Your local Hub clinic is: **Brandon Dental Clinic**
32 Driver Crescent
Cannons Creek
Porirua

If you have pre-school aged children please call us to arrange an appointment for their annual dental checkup at the Dental Hub.

To book or reschedule your appointment, or update your contact details, please call **0800 TALK TEETH (825 583)**



Private Bag 31907 Lower Hutt
www.beehealthy.org.nz | 0800 TALK TEETH (825 583)

WANT TO PLAY

Junior Squash **Mana Squash Club**

6c Pascoe Avenue, Ngatitua Domain, Mana

Ever wanted to give squash a go? Squash is a great, social sport for kids and is perfect for fitness and developing hand-eye coordination.

Every Friday night during the school term from 6pm-7:30pm is Junior Club Night. Here kids will learn the basics of squash including the rules, serving, practicing different shots and games. Rackets, balls and eyewear are provided, you just need a pair of non-marking shoes.

Come check it out for a few weeks before deciding if you want to sign up - membership is cheap at only \$50/year for kids aged 10 and under, or \$90/year for over 11s. Bring a friend or come make some new ones!

Mana Squash Club also offers a coaching programme for junior players.

For information contact:
Ben Jansen (Junior Convenor)
email: juniors@manasquash.co.nz



FOOTBALL?



Registration for **PUKERUA BAY SOCCER CLUB** for grades 5 (turning 5 in 2023) to 14 is now open:

- Registration closes 5 March 2023.
- Low registration fees: \$55 for grades 5&6, \$90 for grades 7-12, \$100 for grades 13&14 (mixed boys and girls competition). Includes Nike shirt and shorts.
- Family discounts available.
- Practices potentially in Pukerua Bay and/or Plimmerton (or wherever most suits the team).

To register or for more information visit www.pkbsoccer.nz or call **Iain MacLean** (0274203056) or email pkb@pkbsoccer.nz

PIPPINS, BROWNIES & GUIDES -- PLACES AVAILABLE FOR TERM ONE!

Pippins is the beginning of an exciting adventure in Guiding. We help girls aged **5 - 6 years** to make new friends, tackle challenges, enjoy activities, earn badges and learn to appreciate and respect the environment and the community.

- Papakowhai Pippins, Wednesday 4pm - 5pm, papakowhaipippins@gmail.com
- Cooks Pippins, Thursday 4pm - 5pm, *Waiting List Only*

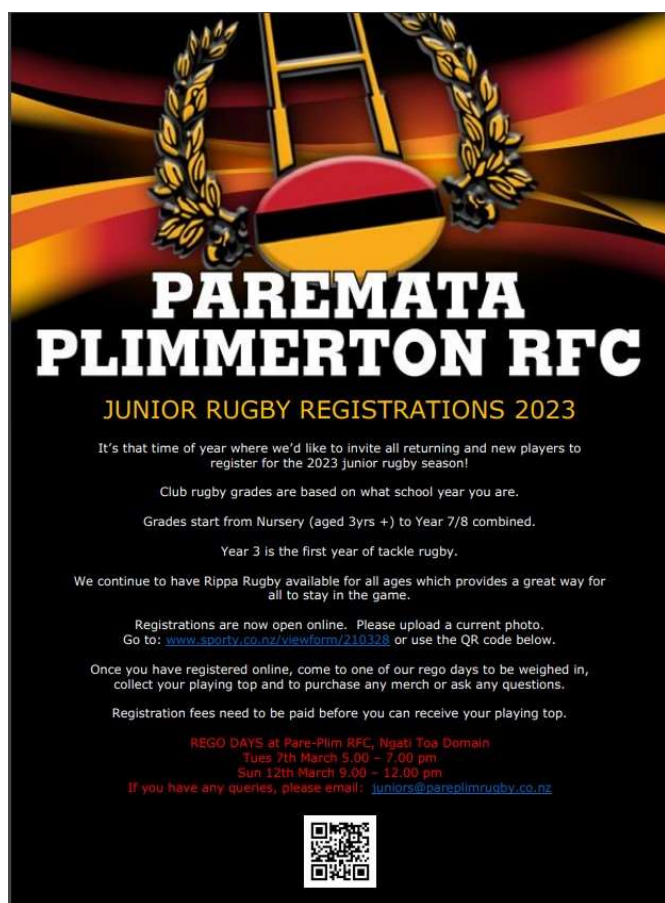
Brownies is about learning, developing self-confidence, making new friends and, of course, having lots of fun outside school! Our programme for girls aged **7 - 9 ½ years** includes outdoor adventures, conservation activities, cooking, crafts, games and community action projects – all challenging the girls to achieve and grow.

- Endeavour Brownies, Monday 5.15pm - 6.45pm, browniesendeavour@gmail.com
- Papakowhai Brownies, Wednesday 5.15pm - 6.45pm, browniespapakowhai@gmail.com
- Cooks Brownies, Thursday 5.15pm - 6.45pm, browniescooks@gmail.com

Guides take part in community projects, outdoor adventures, cultural awareness activities, and camping. Girls who are **9 to 12 ½ years** develop leadership skills at Guides as they become more independent in making decisions. Activities are more demanding and the girls take the lead in defining their own programme.

- Whitby Guides, Tuesday 6.30pm - 8pm, *Waiting List Only*
- Captain Cook Guides, Wednesday 6.30pm - 8pm, captcookguides@gmail.com

Fees at all levels are \$90 per term. To arrange a free visit contact the unit directly, or email Katrina at ggnz.rangituhi@gmail.com, or enquire via the Girl Guiding NZ website.



PALEMATA PLIMMERTON RFC

JUNIOR RUGBY REGISTRATIONS 2023

It's that time of year where we'd like to invite all returning and new players to register for the 2023 junior rugby season!

Club rugby grades are based on what school year you are.

Grades start from Nursery (aged 3yrs +) to Year 7/8 combined.

Year 3 is the first year of tackle rugby.


We continue to have Ripa Rugby available for all ages which provides a great way for all to stay in the game.

Registrations are now open online. Please upload a current photo. Go to: www.sporty.co.nz/viewform/210328 or use the QR code below.

Once you have registered online, come to one of our rego days to be weighed in, collect your playing top and to purchase any merch or ask any questions.

Registration fees need to be paid before you can receive your playing top.

REGO DAYS at Pare-Plim RFC, Ngati Toa Domain
Tues 7th March 5.00 - 7.00 pm
Sun 12th March 9.00 - 12.00 pm
If you have any queries, please email: juniors@pareplimrugby.co.nz



Porirua Basketball Academy

Improve your game & learn from one of the best

**Run by former Tall Black & professional basketball player
Brendon Polyblank**

Every Wednesday starting 22nd Feb
Time: 6:45am - 8:00am
Venue: Te Rauparaha Arena
Who: open to all students year 7, 8 & 9
Cost: \$100 for 6 weeks

Register at:
ptownacademy@gmail.com



DANCE & STAGE SCHOOL "NEVER STAND STILL. DANCE"

"At The Academy our main focus is to create a safe, professional and fun environment where all our students can learn the fundamentals of Dance and Performing Arts, while making memories that last a lifetime"

Each class is catered for a specific age range, allowing all students to be taught quality skills whilst meeting like-minded new friends. Whether you are joining classes for a hobby, wanting to gain confidence or paving the way for a career in the Arts, this school has something to offer everyone.

Come and dance with us. First class free.

If you have any questions just email admin@theacademy.dance